REFERENCE: 14030 EFFECTIVE: 04/01/13 REVIEW: 03/31/15

Page 1 of 2



# ALLERGIC REACTIONS - PEDIATRIC (Less than 15 years of age)

### FIELD ASSESSMENT/TREATMENT INDICATORS

- 1. Signs and Symptoms of an acute allergic reaction.
- 2. History of Exposure to possible allergen.

## **BLS INTERVENTIONS**

- 1. Recognize s/s of respiratory distress for age.
- 2. Reduce anxiety, assist patient to assume POC.
- 3. Oxygen administration as clinically indicated, (humidified oxygen preferred).
- 4. Assist patient with self-administration of prescribed Epinephrine device.
- 5. Assist patient with self-administration of prescribed Diphenhydramine.

# LIMITED ALS (LALS) INTERVENTIONS - PEDIATRIC (Less than 15 years of age)

- 1. Maintain airway with appropriate adjuncts, obtain oxygen saturation on room air if possible.
- 2. Nebulized Albuterol 2.5 mg may repeat twice.
- 3. If no response to Albuterol, consider Epinephrine (1:1,000) 0.01 mg/kg SC not to exceed adult dosage of 0.3 mg. (with Base Station contact).
- 4. For symptomatic hypotension with poor perfusion, consider fluid bolus of 20 ml/kg of NS not to exceed 300 ml NS and repeat as indicated.
- 5. Establish additional IV access if indicated.
- 6. Base Station may order additional medication dosages and additional fluid boluses.

REFERENCE: 14030 Page 2 of 2

### ALS INTERVENTIONS

- 1. Maintain airway with appropriate adjuncts, obtain oxygen saturation on room air if possible.
- 2. Nebulized Albuterol 2.5 mg with Atrovent may repeat twice.
  - a. 1 day to 12 months - Atrovent 0.25 mg
  - 1 year to 14 years Atrovent 0.5 mg b.
- 3. If no response to Albuterol and Atrovent, consider Epinephrine (1:1,000) 0.01 mg/kg SC not to exceed adult dosage of 0. 3mg.
- For symptomatic hypotension with poor perfusion, consider fluid bolus of 20 ml/kg 4. of NS not to exceed 300 ml NS and repeat as indicated.
- 5. Diphenhydramine 1mg/kg slow IV or 2 mg/kg IM, not to exceed adult dose of 25 mg IV/IO or 50 mg IM.
- 6. Establish additional IV access if indicated.
- 7. For anaphylactic shock (e.g., no palpable radial pulse and a depressed level of consciousness), administer epinephrine dose 0.01 mg/kg (1:10,000) IV/IO, no more than 0.1 mg per dose. May repeat to a maximum of 0.5 mg.
- 8. Base Station may order additional medication dosages and additional fluid boluses.